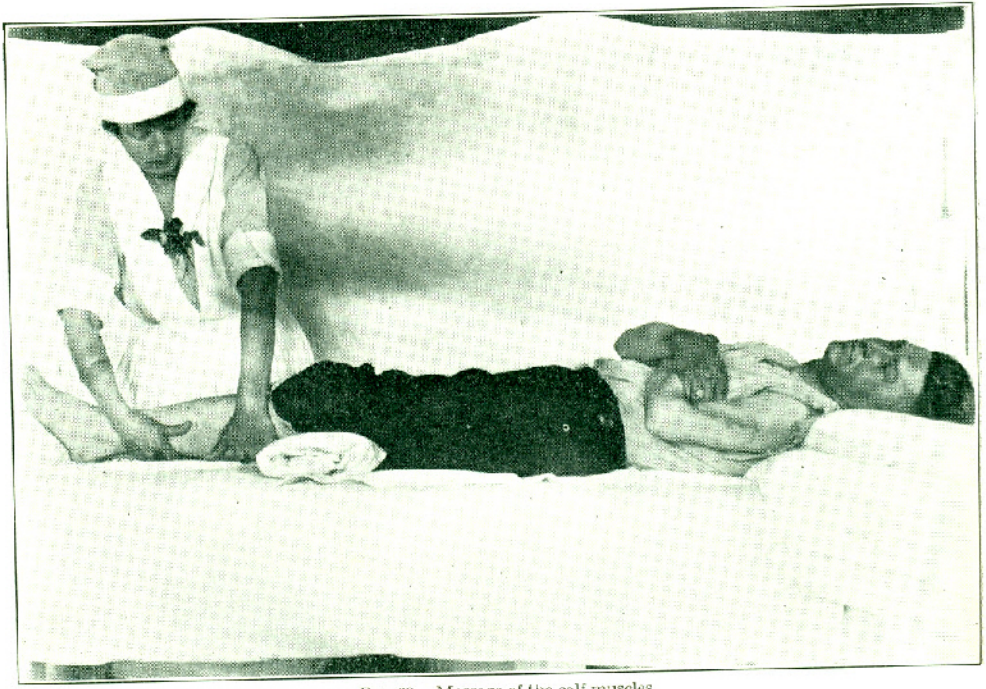

Fig. 60.—Massage of the calf muscles