

APPENDIX H

Rehabilitation Schedule, 5th General Hospital, 1943

1. Patients will be classified by each War Surgeon into group A, B, C, D, or E as per paragraph 2. This classification will be entered on ward order book and noted on bed plate. Patient will be told his group letter.

2. Classification of patients for Rehabilitation Program:

A Class: weight bearing, full military calisthenics, no restrictions.

B Class: weight bearing, casts, braces or slings worn, restricted calisthenics.

C Class: non-weight bearing, general exercise, moderately strenuous.

D Class: non-weight bearing, general exercise, mild.

E Class: bed patients, very mild general exercise.

Note: D and E Classes were later combined and classified as bed patients.

3. General Exercise Classes to meet in Physical Therapy Gymnasium as follows:

Group A and B: daily, except Saturday and Sunday—1030 to 1100 hours

Group C: daily, except Saturday and Sunday—1100 to 1130 hours

Group D: daily, except Saturday and Sunday—1300 to 1330 hours

4. Note. The Educational and Sports Programs were carried out by Special Service Section in the afternoon. This included walks and hikes of a length commensurate with patient's classification.

5. Remedial Classes regardless of Classification will meet in Physical Therapy Gymnasium as follows:

Remedial Shoulder Class	0830 hours
Remedial Hand Class	0930 hours
Remedial Foot Class	0930 hours
Remedial Trunk Class	0930 hours
Remedial Leg I Class	1000 hours
Remedial Leg II Class	1130 hours

All exercise classes except E Class are held in gymnasium of Physical Therapy Department.

6. Ward Surgeons will reclassify patients weekly and submit classifications by Friday 1700 hours to Physical Therapy Department and to Special Service Section. New admissions may be classified at any time during the week, their names telephoned to Physical Therapy Department, ext— and Special Service Section, ext—.